

Cut along dashed lines and use cards with game board.

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You just went to the grocery store and bought food from far, far, far away, rather than local produce. Next time, buy local produce and goods to save trucking fuel.

The "Eco-Friendly Squad" visited your house and found that you left your computer and entertainment center on standby! Clocks and "standby" settings use electricity even when electronics are off.

Oops!  
The Sunday paper just went out with Monday's trash.

Oh no! Another ice shelf just broke apart in Antarctica. In 2002, another large floating sheet of ice, called the Larsen B Ice Shelf, collapsed because of climate warming.

Your school cafeteria does not have recycling bins. Convince your fellow teachers and students to install bins in your cafeteria and school yard.

Last year your family, if it is like most, threw out 88 pounds of plastic — all made from fossil fuels. This year, recycle plastic containers, use reusable shopping bags, and don't buy stuff in plastic if you can avoid it.

The fertilizers you use leak chemicals into the environment and cause the release of nitrous oxide — a greenhouse gas. Start a compost pile (recycle your food) to fertilize your garden.

You are wasting gasoline!  
The tires on your family's car are low and the engine needs a tune-up.

Your lemonade stand uses styrofoam cups, made in part from fossil fuels, instead of cups made from recycled paper.

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Your family buys small bottles of water every day instead of refilling reusable water bottles. All those plastic bottles are made using fossil fuels and most are not recycled.

Your family often runs the dishwasher when it is only partially full. Filling the dishwasher and using low energy settings will save money and burn less fuel.

Your purchases at the store are put into many, many plastic bags. Reduce packaging! Put more in one bag — or even better, use reusable cloth bags!

Instead of putting on a sweater in the winter, your family turns up the heat, burning more fossil fuels.

You can't make up your mind about what you want for a snack, so you leave the refrigerator door open while you search. The refrigerator wastes energy and has to work harder to cool everything inside.

Your long shower and high-flow shower head waste water and the energy it takes to heat the water. Spend the time you need to get clean and then get out!

You know lots and lots of ways to save energy and you don't share them with your friends and family.

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***Use CFBs!***

Compact fluorescent bulbs last 10 times longer than incandescent bulbs and use 65% less energy!

***Use CFBs!***

Replacing just *one* 60-watt incandescent bulb with a compact fluorescent bulb saves your family \$30.00 over the life of the bulb.

Washing your clothes with warm water, rather than hot, and hanging them outside to dry will reduce the amount of CO<sub>2</sub> your family's laundry produces by 95%!

If you can feel the heat from your family's water heater, you need to insulate it to reduce the water heater's CO<sub>2</sub> emissions by 7%.

***Recycle!***

The energy we save by recycling even *one* glass bottle is enough to light an incandescent light bulb for *four* hours!

Eating less red meat and more fish and veggies will reduce your family's carbon emissions by 30%! Cows "emit," to put it politely, the greenhouse gas methane to the atmosphere.

***Recycle!***

The amount of wood and paper we throw away every year is enough to heat 50 million homes for 20 years!

***Recycle!***

Every ton of paper that is recycled saves 17 trees.

***Eat Local!***

Fruit, vegetables, meat, and milk produced close to your home use less fuel to get to you than products driven across the country.

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***Unplug!***

Unplugging computers, TVs, and other electronics can cut their electrical draw by almost 15%!

***Recycle!***

2.5 *million* individual plastic water bottles are thrown away every hour in the United States!

***Recycle!***

Making paper products from recycled paper uses 60% less energy than making paper products from trees.

Recycling just one run of Sunday newspapers in the U.S. could save more than 50,000 trees.

Even if your family doesn't own a hybrid, you can still help reduce greenhouse gas emissions and increase mileage by 3% if your family keeps the car tires inflated properly.

***Stay Clean...***

but shower less! Shortening your shower time even a few minutes saves water and reduces greenhouse gases released from heating the water.

Seventy percent of the electricity produced in the United States is from burning fossil fuels like coal, which adds greenhouse gases to the atmosphere.

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**- 10,000 Points -**

Your family started replacing incandescent light bulbs with compact fluorescent light bulbs, reducing the energy you use and saving money!

**- 10,000 Points -**

You used a microwave, rather than an oven, to cook up a healthy after-school snack. A microwave uses one-third or less of the energy of an electric oven.

**- 10,000 Points -**

The Eco-Club just placed recycling bins in all classrooms. Recycling saves energy by not having to make a product from scratch.

**- 10,000 Points -**

You and your family turn your thermostat down by just two tiny degrees in the winter to reduce your electricity use and save money. You have reduced your CO<sub>2</sub> emissions for temperature control by 10%.

**- 10,000 Points -**

You only spent 10 minutes in the shower, instead of 20. You saved water, reduced the energy it takes to heat the water, and cut the CO<sub>2</sub> you produced showering by 50%.

**- 10,000 Points -**

Your family decided to drive less and walk more. You reduced the amount of gasoline used, cut the amount of CO<sub>2</sub> released into the atmosphere, and got into better shape!

**- 10,000 Points -**

You just chose to buy recycled paper for your computer.

**- 10,000 Points -**

Your family combines driving errands so you make fewer trips. This reduces the amount of gasoline used and the amount of greenhouse gases released into the atmosphere.

**- 10,000 Points -**

You start a carpool to get to school. Your father drives you and three friends who live nearby to school instead of each of you being driven separately every day.

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Use your Green Points wisely  
to help save the Polar Bear!

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**- 10,000 Points -**

Your family started a compost pile and will use it to fertilize your garden. Bonus! You have a garden and are eating "local"!

**- 10,000 Points -**

Your mother starts taking the bus to work, instead of driving, so she saves gas and puts less CO<sub>2</sub> into the atmosphere.

**- 10,000 Points -**

You shop at the cool re-sale store in town and buy vintage clothing. Not only do you look marvelous, but you have not caused energy to be wasted in producing new clothing.

**- 10,000 Points -**

You and several friends carpooled to the local farmer's market and bought produce grown locally. You helped to reduce the energy wasted on long-distance transport.

**- 10,000 Points -**

You and your family turn your thermostat *up* by just two tiny degrees in the summer and reduce your electricity use. This cuts your CO<sub>2</sub> emissions for temperature control by 10%.

**- 10,000 Points -**

You just shared a report with friends about the Arctic sea ice melting more each year and the danger to polar bears. They were inspired to convince their families to switch from incandescent bulbs to energy-efficient fluorescent bulbs!

**- 10,000 Points -**

You just planted a tree. It will help reduce CO<sub>2</sub> in the atmosphere by using that CO<sub>2</sub> to grow!

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